



# be brilliant... SHINE ON!

2016 Fall Product  
Rally Guide



# 2016 Fall Product Program Rally Overview

Once again, Ashdon Farms and QSP are excited to offer Councils, service units and troops the opportunity to host Fall Product Program (FPP) Rallies. As with other rallies, a FPP Rally at the Council, service unit, or troop level will not only be a fun learning experience for the girls, but it will also motivate them to take action toward a successful FPP. Those who offered FPP Rallies last year considered them a success with solid attendance and great feedback.

You and your leaders are the best ones to determine what is most effective for motivating the girls, so there's plenty of room for creativity and flexibility. Whatever type of rally you decide to host, whether grand or simple, it's sure to inspire your Girl Scouts to engage in the FPP even more than they did last year!

The theme for this year's FPP is "be brilliant...SHINE ON!". At the FPP Rally, girls will participate in fun hands-on activities to learn about the nut and chocolate offerings, goal setting, leadership and other life skills to empower them to discover, connect and take action to make the world a better place.

## **Rally Planning**

The purpose of this guide is to help you plan for a successful FPP Rally. It includes preparation considerations, suggested rally procedures, and even Success Station ideas. Feel free to use the Success Station ideas exactly as they are, modify them for your rally, or create new station ideas of your own!





# Preparation: Preparing for Success

**Select a location, date, and time for the Fall Product Program (FPP) Rally.**

## **Get the word out!**

- Communicate the FPP Rally details to the troop leaders and volunteers
- Invite the girls and their parents/guardians  
Optional: As a fun activity, ask the girls to help make invitations
- Advertise the FPP Rally (e.g., Service Unit newsletter, troop newsletter, website etc.)

## **Success Station Planning**

- Determine how many stations you will have, and which activity per Success Station
- Recruit and prepare adults and older Girl Scouts to manage each Success Station  
(Make sure an adult is present at each station during the rally)
- Reserve tables according to station requirements as well as other table requirements  
(e.g., refreshments)
- Gather supplies needed for each Success Station
- Secure method for signaling the girls to move on to the next station (e.g., horn, whistle, bell)

# Preparation: Preparing for Success (Cont.)

## Set-up Considerations

### **Decoration ideas:**

Use images of girls working as a team to decorate.

### **Music:**

Music is a powerful tool for setting a positive tone at any event. We encourage you to have upbeat music playing throughout the duration of the rally. (Note: If you have any Success Stations that require music, be sure to have the rally music at a volume that won't interfere with the station.)

### **Refreshments (optional):**

If you choose to provide refreshments, be sure to ask the parents/guardians about any food allergies before the rally.



# Suggested Rally Order and Procedures

## Welcome

Start the event with the rally leader thanking the girls and their parents/guardians for joining this exciting Fall Product Program (FPP) Rally, sharing why the FPP is important, and providing examples of some of the skills and values that they'll learn here at the rally.

## Procedure Overview

Explain that the girls will be divided into manageable groups. Each group will rotate from station to station with approximately 10 min at each station or whatever time is designated. When time is up, you will signal that it's time to change stations. (To divide the girls into groups, they can number off or draw numbers from a hat, etc.)

## Closing Comments

Let girls and their parents/guardians know whom to contact if they have any questions. Wish everyone a fun time as they discover how they can "be brilliant...SHINE ON!"





## Success Station #1

# Keep the balloon up!

This station is designed to reinforce teamwork.

### Supplies Needed

- Balloons

### Simple Preparation

- Blow up balloons so they are handy when you are ready to start the activity. Have a few extra in case they pop!

### Instructions

- Have the girls form a circle
- Round 1: Keep the balloon off the floor, each girl in the circle will have to run in and hit the balloon up while saying their name (the same person can't hit the balloon twice).
- Round 2: The same, but when you hit the balloon up in the air, instead of saying your own name, you say the name of someone else and they have to come in next to hit the balloon. Make it challenging by not repeating a girl's name!



## Success Station #2

# Wiggle it!

### Supplies Needed

- Empty rectangle Kleenex/tissue boxes
- Belt
- Scissors
- Ping pong balls

### Simple Preparation

- Cut a small opening large enough to fit the belt through on the bottom of the Kleenex/tissue box

### Instructions

- Tie a Kleenex/tissue box around the girls waist with the box behind her
- Fill each box with 8 ping pong balls
- Count down 3-2-1...wiggle, wiggle, wiggle until the first girl to empty her box of all the ping pong balls wins!!



## Success Station #3

# Feed the Koala

This station encourages girls to focus on their strategy and work as a team to accomplish a goal.

### Supplies Needed

- Large cork board (24" x 18")
- Thumb tacks
- Construction paper (black, gray, green)
- Scissors
- Blindfold



### Simple Preparation

- Hang the cork board on the wall or an easel. No place to hang it, no problem, have an adult hold it in place.
- Cut out circles for the eyes, nose and mouth (smile shape) using the black construction paper and place on the cork board.
- Draw the shape of koala ears on the gray construction paper and cut them out and place on the cork board.
- Draw and cut out the shape of a eucalyptus leaf using the green construction paper. Write each girl's name on the eucalyptus leaf and stick with a thumb tack on the bottom of the cork board until you're ready to start



## Success Station #3

# Feed the Koala (Cont.)

### Instructions

- Blindfold the girl and give her the eucalyptus leaf with her name on it
- Walk her to the front of the cork board and see who can "feed" the koala bear.  
Get the eucalyptus leaf as close as you can to the koala's mouth!

## Success Station #4

# Marshmallow Transfer

This station encourages girls to work together as a team and discuss planning and strategy to accomplish their goal.

### Supplies Needed

- Mini Marshmallows
- Plastic Cup or bowl
- Straws

### Simple Preparation

- Set up a plastic cup/bowl and straw for each girl with a handful of mini marshmallows nearby

### Instructions

- Split the girls into two teams
- Use the straw to suction the mini marshmallow and transfer it into the plastic cup/bowl
- See who can get the most marshmallows!  
Make it challenging by timing it to one minute!



# Success Station #5

## Pinwheel

This station let's girls show their creative side and focus on goal setting.

### Supplies Needed

- Printable Pinwheel template (Appendix)
- Colorful Paper (optional – any textured paper will do)
- Scissors
- Needle nose pliers
- Sewing pins with bead top
- Small smooth beads
- Hot glue
- Decorative Paper Straws or wooden skewer
- Markers/Crayons

### Simple Preparation

- Print pinwheel template. Color paper is optional. If color paper is not used, have the girls use the markers, crayons to decorate their pinwheel.
- Pre-cut pinwheel template

### Instructions

- Have each girl write three goals on each side of the pinwheel and her name on the fourth.
- Follow instructions on the template provided in the Appendix





## Success Station #6

# Koala Mask

This station is designed to reinforce the girls' product knowledge and fun general trivia.

### Supplies Needed

- Koala Mask template (provided in appendix)
- Scissors
- Ribbon
- Pen
- Cotton balls and glue (optional)



### Simple Preparation

- Print the koala mask template

### Instructions

- Have the girls cut out the mask and use a pen or the tip of the scissors to pierce the koala eye holes
- With a pen, put holes in the sides of the koala head for the string (marked)
- Attach the string or ribbon and then measure it to ensure it fits the girls head
- Glue cotton balls to the ears to make it furry!! (optional)

# Success Station #7

## Egg Tower

This station encourages girls to focus on their strategy and teamwork.

### Supplies Needed

- Eggs (hardboiled for no mess and more of a challenge!)
- Old magazines or newspaper
- Tape

### Simple Preparation

- Provide each team with the exact amount of magazine/newspaper, tape and one egg

### Instructions

- Split girls into teams – no more than four to a team
- Girls must work together and use the magazine or newspaper to build a tower
- Team to build the highest tower that supports the egg wins!!
- Give the team four minutes to brainstorm and 10 mins to build the tower



# Success Station #8

## Heads Up

This station encourages girls to work as a team and communicate.

### Supplies Needed

- Paper (8 ½ x 11)
- Markers

### Simple Preparation

- Write magazine titles or print cover images on the 8 ½ x 11 piece of paper
- Select popular titles that the girls will be able to identify

### Instructions

- Have one girl hold up the paper with the magazine title above her head
- The rest of the team will have to describe what the magazine title is without naming it.  
For example, Fitness magazine...it's a magazine about exercising, health etc.
- The girl who names the most titles correctly, wins!

TIME  
People  
Cooking Light





# Success Station #9

# Boomerangs

This station focuses on teamwork, problem solving and communication skills.

## Supplies Needed

- Permanent Colorful Markers
- Decorative tape
- Glue
- Stickers (optional)
- Glitter (optional)
- Plastic boomerangs or wood craft sticks

## Simple Preparation

- None

## Instructions

- Have girls decorate the boomerangs any way they like



# Success Station #10

## 59 Min Quick Start<sup>SM</sup>

This station focuses on goal setting and teamwork.

### Supplies Needed

- Cell Phone and Charger
- Pen
- Phone Script/Family & Friend's Contact List – download from [girlscouts.qspgao.com/59min](http://girlscouts.qspgao.com/59min)
- Bell or horn

### Simple Preparation

- Download Phone Script/Family & Friends Contact List and Guide for Troops from the [girlscouts.qspgao.com/59min](http://girlscouts.qspgao.com/59min). Have girls fill out the Family & Friend's Contact List prior to the event with help from their parent/guardian

### Instructions

- Follow steps provided on [girlscouts.qspgao.com/59min](http://girlscouts.qspgao.com/59min)



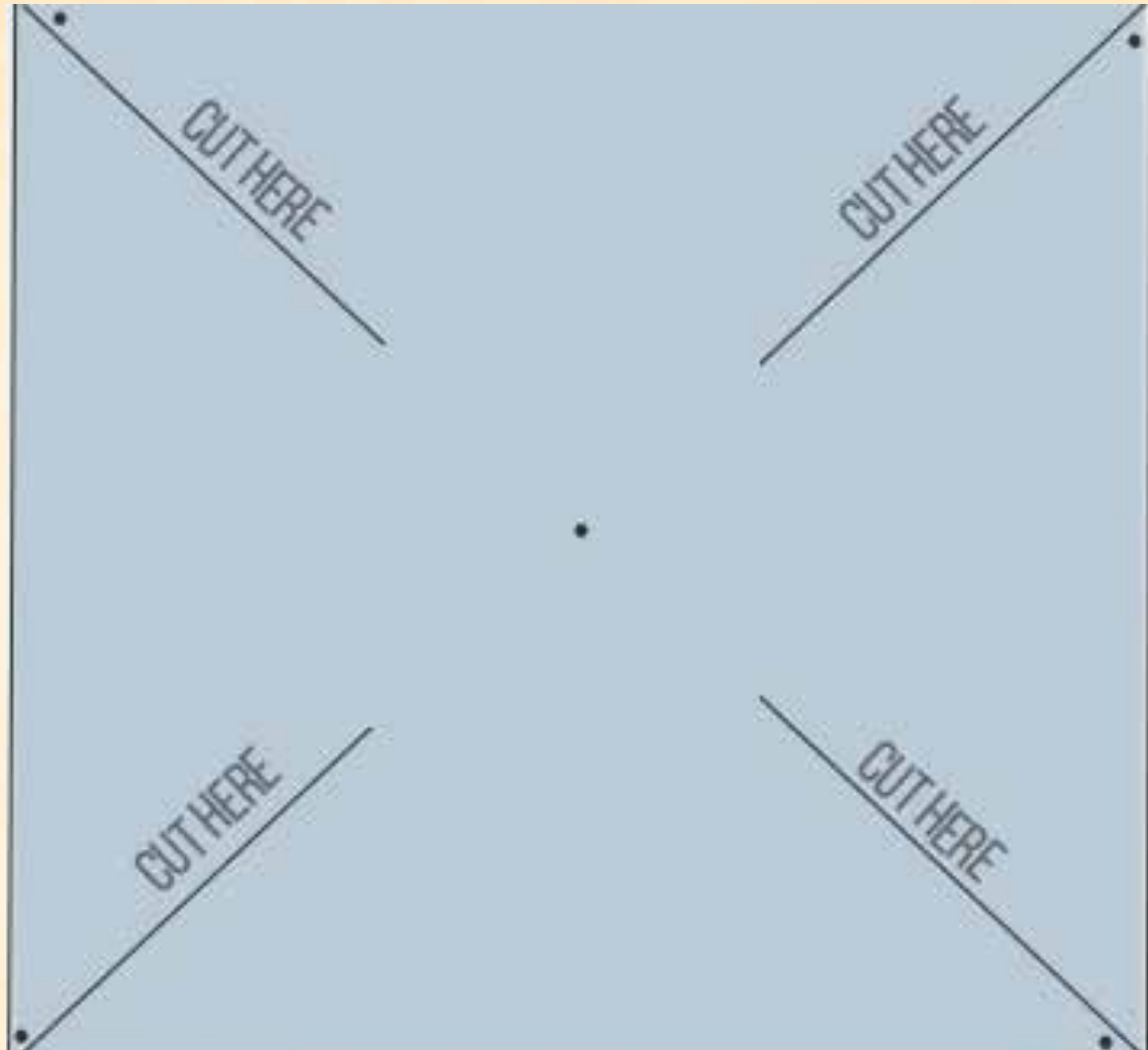
# Appendix





## (Success Station #5)

- Cut along the diagonal lines where indicated
- Poke holes where indicated by dots using a thumb tack (place a magazine underneath to protect the table)
- Use needle nose pliers to bend the sewing pin and leave 1/2" space between the ball and the bend.



## (Success Station #5)

### Pinwheel Instructions

Poke holes where indicated by dots using a thumb tack (place a magazine underneath to protect the table).



Cut along the diagonal lines where indicated



Use needle nose pliers to bend the sewing pin and leave 1/2" space between the ball and the bend



Poke the sewing pin through one of the holes and connect each corner



Finally, poke it through the hole in the middle and maneuver the papers around the bend in the pin so the entire pin is poking out the back:



## (Success Station #5)

### Pinwheel Instructions con't

Slide the bead onto the pin



Use the thumbtack to poke a hole through the skewer/straw about 1/4 from the end  
Poke the pin through the hole in the skewer/straw



Rotate the pin so that it is lying flat against the straw/skewer  
Use your thumb to hold the bottom of the pin flat against the straw/skewer and then use hot glue to cover the top part of the pin. You'll have to keep your thumb on the bottom of the pin while the glue dries or it will pop up away from the skewer. When the glue is dried on top, glue the bottom part of the pin and completely cover it so it won't poke anyone. And you're done!





(Success Station #6)

